#### THE PREPARE DIFFERENCE

There are approximately 15,000 people incarcerated in Maryland prisons,\* with no defined process to guide them through the parole and reentry processes. An effective, unified model of education, parole preparation, and reentry support is necessary to help people successfully navigate these unfamiliar and complex networks. PREPARE is building that model.

PREPARE works closely with incarcerated individuals, combining that work with the knowledge and experience of state and community service providers, professionals, volunteers, and their families. We recognize that each perspective is relevant to effective parole preparation and successful reentry, and that by working together everyone will achieve the best possible outcome.

PREPARE meets the incarcerated person where they are with three independent program phases, helping them to utilize existing resources, identify gaps and fill them. It is a collaborative process that invites the individual to engage in rehabilitation, make their best presentation for parole, and maintain positive change after their release.

\* DPSCS Average Daily Population Report, FY 2022

## **ABOUT PREPARE**

PREPARE: Prepare for Parole and Reentry is a Maryland-based not-for-profit with a mission of empowering people to make their best case for parole and develop strong reentry plans.

Our program began in the Maryland Correctional Institution for Women (MCI-W) in 2021. It grew out of the work of Maryjoel Davis, and her organization Second Chance for Women, as well as the work that was already being done by the women in the prison to help themselves and others.

Contact: PREPARE P.O. Box 9738 Towson, MD 21284

Website: www.prepare-parole.org Email: prepare.parole@gmail.com

The Governor's Office of Crime Prevention Youth and Victim Services funded this project under sub-award number BJAG-2009-9000. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal agency.





# ABOUT PREPARE: PAROLE AND REENTRY



#### PREPARE FOR PAROLE

PREPARE provides information about, materials for, and support with parole hearing preparation. We present this information through our website, workshops, and printed materials at every correctional library in Maryland. To make sure nobody is left out, we never charge our clients or their families for our materials or services.

PREPARE for Parole services include:

- A variety of workshops for potential clients and family members to learn about the parole process, the parts of a parole packet, and how PREPARE works
- Partnering with a trained parole advocate who will help build and submit their parole packet to the Parole Commission
- Arranging a 30-minute advocacy meeting with the Parole Commission for the family and reentry providers to advocate for the client
- Continued education is provided to the client to help understand the parole process, timelines, and set expectations
- A referral to the PREPARE for Home program seven months prior to their hearing date
- Post-hearing review and planning for the next steps

### PREPARE FOR HOME

PREPARE has a vibrant and expanding network of reentry partners and community resources. The PREPARE for Home phase of our program offers individualized reentry planning services to incarcerated people starting seven months before their parole hearing. We also assist individuals approaching mandatory release.

PREPARE for Home services include:

- A PREPARE for Home intake and Reentry Needs Assessment, which identifies the needs of the client, specific to their desired county
- A custom reentry plan, created by a reentry specialist based on the client's needs. PREPARE has a vast network of resources to meet specific client needs (mental health, substance abuse, transitional housing and employment are a few examples)
- A list of service providers that match their needs. When feasible, the reentry specialist helps arrange interviews and receive acceptance or eligibility letters
- A copy of eligibility letters and documentation will be provided to Case Management, Reentry Services, and the Parole Commission to demonstrate the client has a thoughtful plan



### PREPARE FOR SUCCESS

PREPARE employs peer recovery specialists who provide reentry coaching services for our clients when they are released. Anyone who has participated in any phase of the PREPARE program can enroll in PREPARE for Success and receive ongoing support for their transition.

PREPARE for Success services include:

- Connections to a reentry coach who can guide them through the reentry process. Any time the client needs coaching, they can reach out to their coach
- Continuous follow-up with the client to make sure the reentry plan is successfully implemented and fill any gaps in the process
- Ongoing peer support, new referrals, and connections whenever needed, recording the client's needs and progress on a Self-Sufficiency Matrix at periodic check-ins

"Because of PREPARE, I felt emotionally prepared to advocate for myself with confidence. My family was also engaged on my behalf. I believe 100% that without PREPARE, my chances for parole would not have been as good."

K.L, Former PREPARE Client