



PAROLE PREPARATION TIMELINE

Immediately:

Start working to become an excellent candidate

1-2 years before your hearing:

Start preparing your parole packet and reentry plan

3 months before your hearing:

Complete your packet and schedule your supporters to speak on your behalf

1-2 months before your hearing:

Have your advocates present your packet, start practicing your speech to the hearing officer/Commissioner

Day of your hearing:

Make a winning presentation to the Parole Commission!

ABOUT PREPARE

PREPARE: Prepare for Parole and Reentry is a Maryland-based not-for-profit with a mission of empowering people to make their best case for parole. Our program began in the Maryland Correctional Institution for Women (MCIW) in 2021. It grew out of the work of Maryjoel Davis, and her organization Second Chance for Women, as well as the work that was already being done by the women in the prison to help themselves and others.

Contact:

PREPARE
P.O. Box 9738
Towson, MD 21284

Website: www.prepare-parole.org

Email: prepare.parole@gmail.com

The Governor's Office of Crime Prevention Youth and Victim Services funded this project under sub-award number BJAG-2009-9000. All points of view in this document are those of the author and do not necessarily represent the official position of any State or Federal agency.



PAROLE SUCCESS STARTS TODAY



PREPARE
PREpare for PARole and REentry



TEN WAYS TO START TODAY

1. Stay Infraction Free
2. Earn your GED, Vocational Certificate or College Degree
3. Get (and keep) a Job
4. Comply with Mental Health, Drug Treatment and Therapy Programs
5. Complete Cognitive Classes
6. Connect with your Religious Community
7. Participate in Structured Activities and Meetings
8. Find a Mentor or Peer Recovery Specialist
9. Ask for Letters of Support, Completion and Recommendation
10. Help Someone Else

WHY PREPARE?

Your parole hearing is like a job interview. The Parole Commission reads your file, checks your background and references, listens to what you have to say, then decides whether or not to grant parole.

This is your opportunity to show them why you are a good candidate for parole, and convince them to give you a chance!

Did you know you can add your story in your own words to your file? And that up to four people can speak on your behalf before the hearing? Or that a good plan can help you get approved?

There are advocates waiting to help guide you through the process of parole.

Parole is not a right and everyone doesn't automatically get it. Ready or not, your hearing date is coming. For the best shot at success, **PREPARE** today!

WHAT THE PAROLE COMMISSION LOOKS AT:

- REMORSE AND UNDERSTANDING OF THE CRIME
- REHABILITATION
- INSTITUTIONAL RECORD
- RISK TO THE COMMUNITY
- EDUCATION/JOB TRAINING
- HOME PLAN
- VICTIM IMPACT STATEMENTS
- CIRCUMSTANCES OF THE CRIME
- RISK OF RECIDIVISM (TENDENCY TO RE-OFFEND)
- PAST PERFORMANCE ON PAROLE OR PROBATION
- CRIMINAL HISTORY

